

YONATAN (Yoni) M. SOBIN, PsyD

www.sobinpsychology.com

370 Lexington Avenue, Suite 1000, New York, NY, 10017

LICENSE

State of New York, Licensed Psychologist #022355

EDUCATION

2011 – 2016 **Ferkauf Graduate School of Psychology** (APA Accredited), *Yeshiva University, Bronx, NY*
Doctorate in Clinical Psychology

2006 – 2010 **Yeshiva University**, *Yeshiva College, New York, NY*
Cum Laude, BA Psychology & AA Judaic Studies
Dean's List, 2008 – 2010

CLINICAL EXPERIENCE

3/18 – Present **Sobin Psychology, “The Nerd Therapist”**
Founder, Clinical Psychologist – New York, NY

8/16 – Present **Center for Anxiety** (40 hours/week)
Clinical Psychologist – Brooklyn, NY

- Provide evidence-based therapy for a caseload of 20-25 patients, including parent training, exposure and response prevention, conduct intakes, monitor progress using weekly assessments
- Organize and run a biweekly OCD support group
- Develop and present community education classes on topics related to treatment
- Coordinate and assist in interviewing and hiring of externship applicants

Supervisors: Perella Perlstein, PsyD, Regine Galanti, PhD, Ariel Campbell, PsyD, David Rosmarin, PhD

7/15 – 6/16 **Girard Medical Center of the North Philadelphia Health System** (40 hours/week)
Psychology Intern – Philadelphia, PA

- Provided comprehensive, CBT, recovery-based, trauma informed care for 18-25 residential outpatients with substance abuse and mental health concerns and 4-5 inpatients
- Facilitated individual, group, and milieu therapy, intake assessment, and psychological testing
- Presented cases to treatment team with audio record in consultation
- Organized community mental health outreach services biannually

Supervisors: Brian Schneider, PsyD, ABPP, Andrea Chisolm, PhD, Whitney Rog, PsyD, Marijo Lucas, PhD, John Mallinen, LPC

7/14 – 7/15 **Cognitive Health Group** (16-18 hours/week)
Clinical Psychology Extern – Manhattan, NY

- Provider at a private practice for 8-10 outpatients weekly of individual CBT oriented therapy
- Facilitated practice's integration of remote-telecommunication-based therapy for long-distance clients

Supervisors: Hayley Pessin, PhD, Bruce Hubbard, PhD

9/11 – 7/15 **Max & Celia Parnes Family Psychological & Psychoeducational Services Clinic** (4-5 hours/week)
Student Therapist - CBT Track – Bronx, NY

- Responsible for psychological CBT-oriented care of 4 outpatients and outcome assessment
- Presented cases with audio and video record in individual and group supervision

- Facilitated cognitive and personality assessments, providing and supervising feedback
 - Assessed patients for fit of services with structured and semi-structured interviews
- Supervisors: Karen Burns, PsyD, Tamar Gordon, PhD (*Individual*); Jennifer Buchwald, PsyD, Arva Bensaheb, PhD, Anna Edwards, PsyD (*Group*); Gene Lubow, PhD, Lisa Fox, PsyD (*Assessment*); Vicki Passman, PhD (*Interviewing*)

8/13 – 7/14 **Rockland Psychiatric Center, Extended Inpatient Admissions Unit** (16-18 hours/week)
Clinical Psychology Extern – Orangeburg, NY

- Responsible for acute and long-term care, including neuropsychological and cognitive assessment; trauma, suicide and substance use assessment; individual, group and milieu therapy, and treatment planning with families at a state inpatient psychiatric hospital
- Contributor to interdisciplinary team, family feedback, and crisis intervention meetings
- Trained in a year-long intensive motivational interviewing approach to treatment

Supervisors: Wayne LeBlanc, PhD, Gene Granata, MA (*Individual*); Louis Calabro, PhD, ABPP (*Assessment*)

6/12 – 6/13 **Adult Literacy Program, Fisher Landau Center for the Treatment of Learning Disabilities, Albert Einstein College of Medicine** (16 hours/week)

Clinical Psychology Extern – Bronx, NY

- Evidence-based care provider for adults with dyslexia, learning disabilities, and reading disorders using the Wilson Reading System. Assessed for these disorders using the WAIS-IV, WJ-III, DAR, Bender-Gestalt, and Rosewall-Chall measures and provided feedback.

Supervisors: Jaman Welch, PhD; Mary Kelly, PhD (*Individual*)

RESEARCH EXPERIENCE

8/11 – 5/16 **Doctoral Research Project**

Dissertation Title: *I Am My ADHD and My ADHD Is Me: An Examination of the ADHD Self*

- Examines the relationship between the experience of ADHD and the construction of a positive self-concept in a frequently negative environment through self-psychological theoretical lens, using a mixed-methods design. Neurodiversity theory is also explored.

Status: Successfully defended, May 3rd 2016

Chair: Carl Auerbach, PhD

8/10 – 9/11 **Lab Manager, Yeshiva University, New York, NY**

- Promoted to coordinate and supervise all aspects of a research laboratory, including accurate data collection and entry, manuscript preparation and editing, stimulus design, and training of new research assistants in lab protocol and research methodology

Supervisor: Anna-Lisa Cohen, PhD

9/07 – 8/10 **Research Assistant, Yeshiva University, New York, NY**

- Examined the cost effects of prospective memory instructions on ongoing task performance
- Developed several experimental manipulations of test paradigms and stimulus items
- Recruited participants and administered psychological testing manipulations

Supervisor: Anna-Lisa Cohen, PhD

TEACHING EXPERIENCE & UNIVERSITY INVOLVEMENT

9/12 – 5/16 **Admissions Volunteer, Ferkauf Graduate School of Psychology, New York, NY**

- Conducted student interviews and providing feedback to faculty

9/12 – 5/16 **Student Mentorship Program, Ferkauf Graduate School of Psychology, New York, NY**

- Mentored during graduate school transition; provide emotional and academic support

9/10 – 5/13 **Teaching Assistant**, *Yeshiva University, New York, NY*
- Prepared and graded exams, papers, and written assignments and provided feedback, conducted review sessions, and served as psychology mentor for students for Introductory, Clinical, Abnormal, Developmental, and Cognitive Psychology.
Supervisors: Regine Galanti, PhD, Ira Saiger, PhD

PUBLICATIONS AND PRESENTATIONS

Cohen, A-L., Jaudas, A., Hirschhorn, E., **Sobin, Y.**, & Gollwitzer, P. (2012). The Specificity of Prospective Memory Costs. *Memory*. 20 (8). 848-864.

Cohen, A-L., Jaudas, A., **Sobin, Y.**, Hirschhorn, E., & Gollwitzer, P.M. (2009, Nov). *The Cost of Remembering to Remember in a Nonverbal Task*. Presented at the 50th Annual Meeting of the Psychonomic Society. Boston, MA.

Cohen, A-L., **Sobin, Y.**, & Hirschhorn, E. (2011, June). *The Cost of Remembering Intentions*. Paper presented at the 9th Annual Meeting of the Society for Applied Research on Memory and Cognition, New York, NY.

Cohen, A-L., Spira, M., **Sobin, Y.**, & Jaudas, A. (In preparation). *The Cost of Remembering to Remember in a Nonverbal Task*.

Sobin, Y. & Galantucci, B. (n.d.). *It's All in How You See It: The Effects of Emotional Imagery on Ambiguously Affective Music*. Unpublished manuscript.

Sobin, Y., Goldfuss, A., & Galantucci, B. (2009, May). *It's All in How You See It: The Emotional Effect of Imagery on Music*. Poster presented at the Annual Behavioral & Social Sciences Research Day, Ferkauf Graduate School of Clinical Psychology. Bronx, NY.

COMMUNITY INVOLVEMENT/OTHER WORK EXPERIENCE

2015 – Present **Reviewer** - Student Research Award, *Association for Psychological Science*

Summers **SummerFest Volunteer**

2009 – 2015 *UJA Federation of New York, Syosset, NY*

- Assist at the United Jewish Appeal Federation of New York's SummerFest fundraiser to support needy Jewish families worldwide.

PROFESSIONAL MEMBERSHIPS

New York State Psychological Association (NYSPA)

Association for Psychological Science (APS)

International Obsessive Compulsive Disorder Foundation (IOCDF)

NYC Cognitive Behavioral Therapy Association (NYC-CBTA)

Association for Behavioral and Cognitive Therapies (ABCT)

Children and Adults with Attention-Deficit/Hyperactivity Disorder – NY Chapter (CHADD)

Div. 31, APA – State, Provincial, and Territorial Psychological Association Affairs (SPTA)

REFERENCES

- 1) Perella Perlstein, PsyD
- 2) Regine Galanti, PhD
- 3) Marijo Lucas, PhD
- 4) Brian Schneider, PsyD, ABPP
- 5) Carl Auerbach, PhD